I find the show "Hey Arnold" to be violent and disturbing. My daughter is eight years old and should be able to watch t.v. at 6:30 AM without being subject to axe murderers and ghosts (the content of this show on Monday November1,2004). She has not been able to sleep alone for a week. This should not pass as child programming. Nickelodeon should take this show off the air if they cannot screen it's contents properly. This show should contain a warning at the very least.